



	Morning Snack	Lunch	Afternoon Snack
MONDAY	<ul style="list-style-type: none">• Cereal• Milk	<ul style="list-style-type: none">• Pasta with Meat & Salad• Fresh fruit• Milk	<ul style="list-style-type: none">• Nacho, Cheese & Cucumber• Water
TUESDAY	<ul style="list-style-type: none">• Pancakes & Fruit Sauce• Milk	<ul style="list-style-type: none">• Butternut Squash Soup• Ham & Cheese Sandwich• Fresh fruit• Milk	<ul style="list-style-type: none">• Fruit• Rice Cakes• Water
WEDNESDAY	<ul style="list-style-type: none">• Oatmeal• Milk	<ul style="list-style-type: none">• Chicken• Couscous• Vegetables• Fresh fruit• Milk	<ul style="list-style-type: none">• Cheese• Pickles Kielbasa & Crackers• Water
THURSDAY	<ul style="list-style-type: none">• Toast & Applesauce• Milk	<ul style="list-style-type: none">• Fish• Rice• Vegetables• Fresh fruit• Milk	<ul style="list-style-type: none">• Scones• Water
FRIDAY	<ul style="list-style-type: none">• Quiche• Milk	<ul style="list-style-type: none">• Ground beef• Potatoes• Vegetables• Fresh fruit• Milk	<ul style="list-style-type: none">• Bagels Cream Cheese• Cucumber• Water



	Morning Snack	Lunch	Afternoon Snack
MONDAY	<ul style="list-style-type: none">• English Muffin• Apple Sauce• Milk	<ul style="list-style-type: none">• Pasta, Meat & Salad• Fresh Fruit• Milk	<ul style="list-style-type: none">• Vegetable• Cheese & Crackers• Water
TUESDAY	<ul style="list-style-type: none">• Fruit Muffin• Milk	<ul style="list-style-type: none">• Hamburger• Potatoes• Vegetables• Fresh fruit• Milk	<ul style="list-style-type: none">• Fruit & Pretzel• Water
WEDNESDAY	<ul style="list-style-type: none">• Cereal• Milk	<ul style="list-style-type: none">• Beef Barley Soup• Chicken, Cheese Sandwich• Fresh Fruit• Milk	<ul style="list-style-type: none">• Wow Butter Toast/Banana• Water
THURSDAY	<ul style="list-style-type: none">• Waffles & Fruit Sauce• Milk	<ul style="list-style-type: none">• Chicken Stir Fry Rice• Fresh Fruit• Milk	<ul style="list-style-type: none">• Fruit Loaf• Water
FRIDAY	<ul style="list-style-type: none">• Eggs & Toast• Milk	<ul style="list-style-type: none">• Pork Roast• Potatoes• Vegetables• Fresh Fruit• Milk	<ul style="list-style-type: none">• Tea Biscuits• Pickles & Tomatoes• Water



	Morning Snack	Lunch	Afternoon Snack
MONDAY	<ul style="list-style-type: none">• Cereal• Milk	<ul style="list-style-type: none">• Pasta, Meat & Salad• Fresh Fruit• Milk	<ul style="list-style-type: none">• Corn Bread & Cucumber• Water
TUESDAY	<ul style="list-style-type: none">• Toast & Fruit• Milk	<ul style="list-style-type: none">• Confetti Chicken Rice• Vegetables• Fresh Fruit• Milk	<ul style="list-style-type: none">• Cheese, Cracker• Vegetables• Water
WEDNESDAY	<ul style="list-style-type: none">• Oatmeal• Milk	<ul style="list-style-type: none">• Cream of Broccoli Soup• Ham, Cheese Sandwich• Fresh Fruit• Milk	<ul style="list-style-type: none">• Mini Pizza & Cucumber• Water
THURSDAY	<ul style="list-style-type: none">• Pancakes & Fruit Sauce• Milk	<ul style="list-style-type: none">• Fish• Couscous• Vegetables• Fresh Fruit• Milk	<ul style="list-style-type: none">• Fruit Scones• Water
FRIDAY	<ul style="list-style-type: none">• Quiche• Milk	<ul style="list-style-type: none">• Meatloaf• Potatoes• Vegetables• Fresh Fruit• Milk	<ul style="list-style-type: none">• Apple Sauce & Arrowroot• Cookies• Water



	Morning Snack	Lunch	Afternoon Snack
MONDAY	<ul style="list-style-type: none">• Pancakes & Fruit sauce• Milk	<ul style="list-style-type: none">• Pasta - Meat & Salad• Fresh Fruit• Milk	<ul style="list-style-type: none">• Cheese Kielbasa Pickles• Crackers• Water
TUESDAY	<ul style="list-style-type: none">• Fruit Muffin• Milk	<ul style="list-style-type: none">• Chicken Noodle Soup• Grill Cheese Sandwich• Fresh fruit• Milk	<ul style="list-style-type: none">• Party Mix• Water
WEDNESDAY	<ul style="list-style-type: none">• Toast & Fruit• Milk	<ul style="list-style-type: none">• Ham• Potatoes• Vegetables• Fresh Fruit• Milk	<ul style="list-style-type: none">• Garlic Toast• Cucumber• Water
THURSDAY	<ul style="list-style-type: none">• Cereal• Milk	<ul style="list-style-type: none">• Meat balls• Rice• Vegetable• Fresh Fruit• Milk	<ul style="list-style-type: none">• Fruit Loaf• Water
FRIDAY	<ul style="list-style-type: none">• Egg• English Muffin• Milk	<ul style="list-style-type: none">• Sausage• Couscous• Vegetable• Fresh fruit• Milk	<ul style="list-style-type: none">• Fruit & Rice Cake• Water